



Celebrate Recovery

Things We Are:

- A safe place to share
- A refuge
- A place of belonging
- A place to care for others and be cared for
- A place where confidentiality is highly regarded
- A place to learn
- A place to grow and become strong again
- A place for healthy challenges and healthy risks
- A possible turning point in your life

Things We Are Not:

- A place for selfish control
- A place for therapy
- A place for secrets
- A place to look for dating relationships
- A place to rescue or be rescued by others
- A place for perfection
- A place to judge others
- A quick fix

We meet at Sherwood Oaks Christian Church
Fellowship Hall, Door #20

EVERY FRIDAY

6:00 pm – 6:30 pm	Coffee Bar
6:30 pm – 7:30 pm	Large Group Meeting
7:30 pm – 8:30 pm	Small Groups
8:30 pm – 9:00 pm	Crosstalk Cafe

2700 East Rogers Road, Bloomington, Indiana
www.socc.org & www.exodusbloominton.org

Celebrate Recovery

The Purpose

The purpose of “Celebrate Recovery” is to fellowship and celebrate God’s healing power in our lives through the 12 Steps and 8 Recovery Principles. This experience allows us to “be changed.” We open the door by sharing our experiences, strengths and hopes with one another. In addition, we become willing to accept God’s grace in solving our lives’ problems.

By working and applying these Biblical principles, we begin to grow spiritually. We become free from our addictive, compulsive, and dysfunctional behaviors. This freedom creates peace, serenity, joy, and most importantly, a stronger personal relationship with God and others.

As we progress through the program we discover our personal, loving and forgiving Higher Power – Jesus Christ.

Welcome to an Amazing Spiritual Adventure!

- John Baker, Founder

What is Stealing Your Peace?

- ❖ Fear of Rejection
- ❖ Overeating
- ❖ Fear / Anxiety
- ❖ Perfectionism
- ❖ Gambling
- ❖ Pornography
- ❖ Eating Disorders
- ❖ Adult Child of Family Dysfunction
- ❖ Need to Control
- ❖ Codependency
- ❖ Sexual Addiction
- ❖ Overspending
- ❖ Anger / Rage
- ❖ Insecurity
- ❖ Infidelity
- ❖ Pride
- ❖ Grief
- ❖ Fear of Abandonment
- ❖ Financial Stress / Debt
- ❖ Procrastination
- ❖ People Pleasing
- ❖ Divorce
- ❖ Love / Romance Addiction
- ❖ Alcohol / Drugs
- ❖ Abuse
- ❖ Hurtful Relationships
- ❖ Tobacco Use
- ❖ Guilt / Shame
- ❖ Depression
- ❖ Overworking
- ❖ Lying

See the info table for more on the subjects listed.

Anyone willing to be free from **any hurt, habit, or hang-up** is welcome to the weekly meeting!

The 12 Steps

and their Biblical comparisons



1	We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable.	I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. Romans 7:18
2	We came to believe that a power greater than ourselves could restore us to sanity.	For it is God who works in you to well and to act according to his good purpose. Philippians 2:13
3	We made a decision to turn our wills and our lives over to the care of God.	Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God – this is your spiritual act of worship. Romans 12:1
4	We made a searching and fearless moral inventory of ourselves.	Let us examine our ways and test them, and let us return to the Lord. Lamentations 3:40
5	We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.	Therefore, confess your sins to one another and pray for each other that you may be healed. James 5:16
6	We were entirely ready to have God remove all these defects of character.	Humble yourselves before the Lord and he will lift you up. James 4:10
7	We humbly asked him to remove all our shortcomings.	If we confess our sins he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9
8	We made a list of all persons we had harmed and became willing to make amends to them all.	Do to others as you would have them do to you. Luke 6:31
9	We made direct amends to such people whenever possible, except when to do so would injure them or others.	Therefore, if you are offering your gift at the altar in there remember that your brother has something against you, leave your gift in there and from in front of the altar. First go and be reconciled to your brother; then come and offer your gift. Matthew 5:23 – 24
10	We continued to take personal inventory, and when we were wrong, promptly admitted it.	So if you think you are standing firm, be careful that you don't fall. 1 Corinthians 10:12
11	We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of his will for us and the power to carry it out.	Let the word of Christ dwell in you richly. Colossians 3:16
12	Having had a spiritual experience as a result of these steps, we tried to carry this message to others and to practice these principles in all our affairs.	Brothers, if someone is caught in a sin, you are spiritual should restore him gently. But watch yourself. Or you also may be tempted. Galatians 6:1